

I found the week ERASMUS+ a very interesting and enriching experience, I had the opportunity to meet new people and learn about their culture.

I particularly liked the peddy paper, the collective painting and above all the trip to Porto.

The first day was fun because we welcomed them and we got to know their educational system, on the second day they attended our classes, and we did a peddy paper in our city which was great, because they had the opportunity to know about the city of Bragança and we also had lots of fun.

On the third day they visited the Abade Baçal Contemporary Art Centre, but I did not go. At night, we went to the school to a farewell dinner that was very entertaining.

On the fourth day we attended a conference about augmented reality, which was really interesting and in the afternoon they went to the castle but I couldn't go.

On the fifth day we went to Porto and I loved, we went for a walk on boat along the Douro River, we visited a Porto wine cellar, we enjoyed ourselves discovering the beautiful city and we reinforced even more the friendship that we already had with the foreign students.

I think the week was filled with lots of fun and enjoyable activities.

Soraia Silva

This activity was wonderful, I met new people, new cultures and the most important I made new friends.

The first day began on Sunday night when my family and I went to welcome the two fantastic girls involved in the project. It was a bit quiet because we all were ashamed.

The next day we had the welcome reception and the presentation of the countries, cities, schools and the educational systems of each one and at the end of the morning we showed the school to our visitants. At 13.00 we had lunch at the school canteen and we had time to know each other better. In the afternoon we went to the town hall and after that we returned home where we talked about cultures.

On 17th April they attended our classes and we had a peddy paper around the city. In the afternoon we worked on the collective painting.

On the third day we visited Abade Baçal Contemporary Art Centre. After lunch we continued to do the collective painting and returned to the families. That night we had a walk around the city to feel the atmosphere of Bragança.

On 19th April we had a conference about augmented reality and we could experience that sensation which was fantastic. After lunch we visited the Castle of Bragança and the military museum. There we saw an Aura about the Domus Municipalis, a monument of medieval times then we returned to school to conclude the collective painting. then, we made the “aura” with the painting.

At night we had the farewell dinner which was funny.

On the last day we went to Porto and we visited monuments, a Porto wine cellar and we went for a walk on boat along the Douro River.

I enjoyed a lot spending a week participating in all these activities because I made new friends and learnt a lot of new things. The experience was GREAT.

Lara Silva

On the first day, after the trip, the families came to pick us up and we spent the day all together, later we went to a trampoline park near Warsaw and then we returned home.

On the second day, October 8th, we went to a space, where extracurricular activities usually come round, and the presentations of the countries involved in the project took place there. We made the presentations using digital support prepared in advance. On that day we also visited the school of our Polish colleagues and in the afternoon we had a workshop (Decoupage Workshop) where we made small boxes allusive to their country and we brought them to Portugal.

On the third day we visited the capital, more precisely the old part of the city of Warsaw (Old Town), passing by the Royal Route and in the afternoon by a very well known park in Poland, Lazienki Park, with a lot of vegetation and a unique beauty. After that, we went back to our host families.

On the fourth day, we had a walking tour around the town of Piaseczno. We knew some important monuments: Churches, The Town Hall and cafés. We went back to school, we had lunch and in the afternoon we finished the little souvenir.

On the fifth day, we went again to the capital to have a walk through the modern part of the city. We visited the Copernicus Center, where we saw various forms of science in its best way then we went to the main university in Warsaw. In the afternoon we visited the Palace of Culture and Science and we had some free time so we went to the Zlote Tarasy shopping mall .

On the sixth day, we went to see a Polish city, Konstancin, where we were in a huge park with magnificent scenery. We also had the opportunity to visit The Museum of King Jan III's Palace at Wilanów. Its decorations and gardens as well as numerous buildings and monuments were erected in 1677. In the evening, there was a dinner with all the families where we tried several typical Polish dishes and received the certificate of participation in the project. Then it was time to say goodbye and we had a party in a park where we enjoyed together.

On the last day, we met up with our Portuguese teachers and spent the morning sightseeing with them. Finally after lunch we left for the airport.

It was a very enriching experience as we had the opportunity to see our friends again and meet new ones. We also developed our English speaking skills and were in contact with a different culture with distinct ways of living their daily routine and we could try a new gastronomy.

We had a great time in Poland!

Diogo e Marta

4th LTTA – Sofia, Bulgaria

First day:

At 3:30h in the morning I left home toward school and at 4 a.m we left to Madrid airport.

We took the flight to Sofia and when we arrived we were received by the host families.

We went home to rest.

Second day:

I woke up, ate breakfast and went to school by subway.

When I got to school, we did an ice-breaking game to get to know everyone, then the team of each country made a presentation about their country, city, school and educational system.

They showed us the school and we had lunch.

In the afternoon we made a treasure hunt around the city to discover the poets and monuments of the city.

Third day:

I woke up and did the same routine as the day before, when we arrived at school I attended an English class. After that we made a sculpture, that will be the “trigger image” of our “auras”, and learned how to make “MARTENITZA” which is a famous tradition in Bulgaria, then we learned the traditional dances of each country and had lunch.

In the afternoon we visited Sofia museum and the Presidency building, then the whole group went bowling and after we went home

Fourth day:

Once again I woke up and went to school, where we learned and practised traditional dances of the partner countries. Then we had lunch and we visited the National Theatre and the Alexander Nevsky Cathedral in Sofia.

Fifth day:

I woke up a bit earlier than usual to visit Plovid, Bulgaria's second largest city, where we spent the day. We visited the Ancient Theater of Philippopolis.

Last day: We did some “auras” about traditional dances of the different countries.

We visited the Boyana church and the National Museum of History and at night we had dinner at school to say goodbye to everyone.

The return:

We woke up and went to the airport to go to Madrid, and then we went to Bragança.

My opinion about the experience:

I really enjoyed the experience, I made friends that I will never forget and I hope to see them again someday.

Bulgaria is a country that I recommend to visit, with amazing monuments and landscapes.

It was an experience of a lifetime, I had fun and learned a lot about the culture in Bulgaria and it helped me to broaden my horizons to other realities.

Soraia